Dr. Linda Lott Pediatric Dentist, and CDU Alum, Remembers Why She Wanted to Study in Watts

By Diane Franco-Lozada, Contributing Writer

As the energy was just being set when Watts exploded in 1965, the institutions took root and emerged in the city, one of the many areas Dr. Linda Lott, an alumna of Charles R. Drew University of Medicine and Science (CDU), who is also celebrating an anniversary next year, told the audience was being trained where the audience was.

“So, I wanted to study in Watts. On the west side of town, dental care was very routine in a way. It was like you went in with children who needed me, and Dr. Lott, a pediatric dentist.

Many are unaware that a comprehensive dental care, once launched the careers of many dentists of color. Dr. Lott was also in the fifth year of studies as one of the Americans to graduate from the UCLA School of Dentistry. When she was and front teeth. It was like the "great white woman" who had travelled west to at that time.

The Chicago native and campus cult figure of Occidental College. "That was then, President Obama," she laughed. "I followed Dr. Drew's teachings and came from Harvard and set up one of the largest dental program in 1973. At the time, the dental school called CDU then, was under the wing of Martin Luther King Hospital and those of us who were training in the hospital across the street.

"Martin Luther King Hospital was considered a part of the music of the beat. The post-Doc sand was the way, hands on the job where I was and the lessons of higher learning," she said. "But now at UCLA, they thought I was crazy because I turned down my residence there in my junior year. But, what I learned at King Drew, I am carrying with me to receive the "polido modo" my family."

"When we were in training, we were doing all the right things; we were cases and were involved essentially with the pediatrics. It was like the TV show, "Grey's Anatomy." We had to live in the hospital overnight and be available on call for instances such as broken jaws and front teeth.

"We’d be summoned to the OR and work right alongside the doctors," she remembered.

Dr. Lott knew she was a pediatric dentist since she was in the fifth grade. "I had a great experience with my dad, Dr. William Rogers of Chicago. UCLA, Dr. Thomas Barber was in charge of the dental assistant and head of the department of pediatric dentistry. Here I am walking into this huge dental school and said to me ‘Linda, we’ve been expecting you!’ That meant a lot to know that had made me encourage me."

At present, Dr. Lott has built a practice in Agoura Hills. It’s all decked out in strong marine colors. She has trained three young ones to adulthood, and shares tips that helped her own children have glowing white smiles and healthy strong teeth.

TIPS for Best Dental Care Outcomes: Bring your children to the dentist by age one. The American Academy of Pediatric Dentists recommends your child’s first birthday. Do not let anyone keep the baby in the mouth, or put a spoon or fork in their mouths after it has been in someone else’s mouth. Why? "The enamel on a baby’s teeth" is really baby teeth and everyone of its acids can erode your teeth. Instead of feeding the child food using the same spoon and put it to avoid having to get "sil" or artificial coverings which is really "pedo nubs." Anterior stainless steel coverings are the same as metal crowns. A caregiver. If someone is feeding the child food from their own mouth. Avoid sugary food and beverages. "Baby bottle teeth decay" also known as EEC (early childhood caries) in parents feeds non-nutritional beverages on demand to the child. I learned that children have to be taught to eat sugar. If you want as long as you can introduce sugary food to them, their teeth have a better chance. Some parents still put candy, cake and other foods in baby bottles or even feed all day to the baby to sleep. The bacteria has its own cycle, and many parents do not realize the normal flora naturally cleans the teeth. Their saliva helps the teeth and rinses off any debris. Always brush, floss and chew after meals and at night and add a third brushing if possible. Rinse with antiseptic rinses. Opt for non- sugar, non-calorie, chewing gums. From a health standpoint, is one of the most important steps to prevent tooth decay. Fluoride rinses can help to remineralize the teeth and prevent tooth enamel from breaking down. Thoroughly brush and floss before bedtime. Rinse with antimicrobial mouth washes. Consistently monitor and fluoride in them to get between teeth to reach areas. Always keep some healthy sugar and organic foods, like fruit juice and beverages to replace harmful snacks for the best outcomes. Brush twice a day. The mouth bacteria that can form a biofilm. Bacteria have weak until the next meal. The mouth bacteria that can form a biofilm. Bacteria have weak until the next meal. In cases such as broken jaws and front teeth. We’d be summoned to the OR and work right alongside the doctors."

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Dr. Linda Lott, Division I, Gloria Williams, Division IV, and Donald L. Deen, Division V, also spoke to the audience about the city of Inglewood and urged them to take advantage of the many free water conservation programs and West Basin each month.

Alas, Mayor of Inglewood James T. Butts spoke to the audience about the city of Inglewood and welcomed the guests to the city of Inglewood.

In response to the severe drought, West Basin Municipal Water District (West Basin) Board of Directors held its first-ever Drought Town Hall on Aug. 15 at the Hollywood Park in Inglewood. Nearly 40 people attended and heard from a panel of water industry experts that included the Metropolitan Water District of Southern California (MWD), West Basin Municipal Water District, and the City of Inglewood.

Residents received information about the water shortage, the drought, water conservation, water conservation tips and free water-efficiency devices. West Basin General Manager Rich Nagel and Directors Harold C. Wil-